



Self Determination Advisory Committee Meeting

Date: Thursday, March 20th, 2025

7:00pm to 8:30pm

(Meeting is Hybrid)

San Andreas Regional Center
6203 San Ignacio Ave, Ste
200 San Jose, CA 95119

Members of the Public can also attend by Zoom.

<https://us06web.zoom.us/j/82660754481>

Committee Agenda

1. 5 minutes	Member Introductions (Others via chat)
2. 5 minutes	Approval of Minutes
3. 30 minutes	Reports/Updates: SARC Report
4. 50 minutes	Community Conversations
6.	Adjourn Next Meeting: Thursday, April 17th , 2025, 10:30 AM

Self Determination Advisory Community Meeting
February 20th, 2025

Members Present:

Kishan Sreedhar
Kavita Sreedhar
David Forderer

Connie Boyar
Doug Pascover
Joanna Kent

Members Absent:

Suzanne Francisco
Rika Yamamoto
Stephanie Krol-Viera

Nassreen Zarea
Lori Luzader

Staff:

Lisa Hartley
Grecia Quintero
Anna Wall
Javier Zaldivar

Brandon Inneh
Irene De La Rosa
Karla Cruz

Community:

Jaclyn Balanay
Jennifer Lucas
Jonathan Yongwan Jo
Jeanette Castro
Kayley Proenza
Kelly Levig
Laura Noland

Anna
Moses
Teresa Tran
Jesse Gonzalez
Susan Lucas
Sharon

The Self-Determination Advisory Committee (SDAC) commenced at 10:30am presided by Kavita, co-chair committee member, followed by introductions.

Member Recruitment:

- Interest was expressed by Jonathan and another applicant from December.
- Challenges exist in opening vacancies due to the current committee membership structure.
- A proposal was made to create a subcommittee or schedule a separate meeting to address recruitment strategies.
- **Bylaws reference:** Members with two unexcused absences or five excused absences are subject to review.

IF Network Report:

- Discussion on challenges with small changes in spending plan usage within self-determination.
- Main topic: Including a spending plan narrative to provide context and justification.
- Previously, person-centered plans were detailed and used to justify spending, but now regional centers are less accepting of those documents.
- Example given: An FMS declined to pay overtime because it wasn't explicitly in the spending plan.
- Debate on whether the spending plan should include a narrative outlining intended fund usage for FMS approval.
- Growing inconsistencies among FMS providers, with each having different criteria for spending plan approvals.
- Concern over service lapses due to varying FMS requirements.
- Discussion on the potential benefits of standardizing spending plans across regional centers.
- Current spending plan amendments now include employer burden costs like overtime, vacation, and sick time.
- Challenges with some FMS requiring highly detailed spending plans while others do not.
- Concern that full standardization of spending plan templates could restrict individual choice and flexibility.

FMS Updates:

- Highlighted the importance of timely submission of POS and spending plans to avoid service interruptions.
- GT Independence encourages detailed spending plans to prevent budget overruns.
- Transition support and spending plan consultations are available through GT Independence.
- Recommended adopting standardized spending plan templates across all FMSs to streamline processes.
- Ensure spending plan revisions and necessary details are entered.

- Workers' compensation quote is available for sole employers.
- Adjust spending plan if switching models or transitioning to a new regional center (e.g., moving to SARC).
- Families should prepare at least 90 days in advance for consecutive-year renewals.
- 90 days before renewal: Contact service coordinator to develop IPP, spending plan, and renew the certified budget.
- 60 days before renewal: Schedule a review and consultation of the spending plan. Families can use the spending plan generator if needed.
- 30 days before renewal: Finalize the spending plan, POS, and E-billing to ensure smooth processing.
- Welcome calls must be completed so employees can begin work on the first of the month without delays.
- Adhering to deadlines prevents disruptions.
- Reach out with any questions.
- DDS in process of making standardized spending plan.

SARC Report:

Overview:

Total Active cases: 273

Active Pilot cases: 53

Average Age of Participants: 23.39

Avg Timeline – Orien. to POS: 12.9 months

Avg Timeline - IPP to POS: 5.3 months

De-activated cases: 0

New cases: 2

Detailed Breakdowns:

Ethnicity Breakdown (Last Report)		<i><u>Difference</u></i>	Ethnicity Breakdown (Current Report)	
White	90	+1	White	91
Spanish/Latin	31	+1	Spanish/Latin	32
Vietnamese	14	---	Vietnamese	14
African American	2	---	African American	2
Indian	10	---	Indian	10
Chinese	28	---	Chinese	28
Korean	13	---	Korean	13
Multi	9	---	Multi	9
Japanese	2	---	Japanese	2
Other Asian	18	---	Other Asian	18
Russian	3	---	Russian	3
Asian Indian	23	---	Asian Indian	23
Other or Unknown	28	---	Other or Unknown	28

Language Breakdown (Last Report)		<i><u>Difference</u></i>	Language Breakdown (Current Report)	
English	216	+2	English	218
Spanish	12	---	Spanish	12
Vietnamese	8	---	Vietnamese	8
Mandarin	14	---	Mandarin	14
Cantonese	4	---	Cantonese	4
Hindi	3	---	Hindi	3
Farsi	1	---	Farsi	1
Korean	5	---	Korean	5
Russian	3	---	Russian	3
Other	5	---	Other	5

FMS Utilization (Last Report)		<u>Difference</u>	FMS Utilization (Current Report)	
Aveanna	77	---	Aveanna	77
GT Independence	83	---	GT Independence	83
Mains'l	49	---	Mains'l	46
Acumen	10	---	Acumen	10
Essential Pay	3	---	Essential Pay	3
FMS Pay	10	---	FMS Pay	10
Ritz FMS	15	+1	Ritz FMS	16
Cambrian FMS	8	---	Cambrian FMS	8
Action FMS	3	---	Action FMS	3
Ace FMS	9	+1	Ace FMS	10
Public Partnerships LLC	3	---	Public Partnerships LLC	3
Arch FMS	1	---	Arch FMS	+1
Fact FMS	0	---	Fact FMS	3

Residential Setting (Last Report)		<u>Difference</u>	Residential Setting (Current Report)	
Family Home	247	---	Family Home	247
Independent Living	12	---	Independent Living	12
Supported Living	9	---	Supported Living	9
Community Care Facility	1	---	Community Care Facility	1
Other	2	---	Other	2

Living Codes:

Family Home (11); Independent Living (13); SLS (14); CCF 4-6 Beds (46); Other (98)

FMS Updates

Agency	Supported Models	Waitlist	Budget Cap
Acumen (PY1678)	Bill Payer/ Sole Employer	None	None

Aveanna/Premier (HS1188, HS1189)	Bill Payer/ Co-Employer	None	\$300,000 above \$350k is subject to approval
Cambrian FMS (PH2374)	All-but only accepting Co-Employer	Opens 2025	None
Essential Pay/Casa Fiscal (PL2132, PL2131)	Bill Payer	1-2 month waitlist	\$80,000
FACT Family (PW8172, PW8173, PW8174)	All	No waitlist	None
FMS Pay (PY2892)	Bill Payer	No waitlist	None
GT Independence (PW7948)	Bill Payer/ Sole Employer	None	None
Mains'l (PF3917)	Bill Payer/ Sole Employer	Waitlist Opens 1/29/2025	\$350,000
Ritz FMS (PP0481)	All	No waitlist	\$120,000- higher is subject to approval
Sequoia SD (PM4667, PM4668, PM4669)	All	Not disclosed	Not disclosed
Ace FMS (PW8673; PW8689; PW8674)	Bill Payer/Co-Employer	No waitlist	\$120,000
Action FMS (PW8622)	All	Not disclosed	Not disclosed
Public Partnerships LLC	Sole-Employer	Not disclosed	Not disclosed
Arch FMS	All	Not disclosed	Not disclosed
FACT-Financial Management	All	Not disclosed	Not disclosed
Sentinel Four	All	Not disclosed	Not disclosed

Current Transition Supports:

099 Self-Directed Supports (up to 40 hours)
Aveanna is our new 099 PDS vendor.
FTS- FMS Transition Supports (up to 3 months per scenario)
-scenarios: new to SDP, changing FMS agencies, or transferring RCs

Misc Program Updates:

FMS- updates to Employer Burden Costs may occur per updated DDS guidelines dated 4/25/24.
SDP data is actively being collected per updated DDS directive dated 6/14/2024.
Coordinated Career Pathway Services available for individuals participating in SDP
SDP Unit Updates

Current 099 Vendors:

099 Vendors:

La Vi La CIP for 099-GEN. La Vi La CIP also provides services in Vietnamese.

Aminah Abdul-Hakim

Adjoin

Brighter Community SVC

Kuthanur, Gowri

PRAGNYA

Phoenix Facilitation

Christine Kantor

Husman Associates Person

Neurodiversity PBC

Cao, Yajuan

Girasol Hive LLC

Reese, Helen

Wu, Jing

Sparacino, Lindsey

Tang, Ying

Voon Yong Lee

Abraham Health Services

My Choice

Community Integration

Prescott Consulting SVCS

Abound

Meeting Space & Renovations

- Limited in-person meeting space due to ongoing renovations.
- A small, reserved space is available for those who prefer to attend in person.
- Renovation timeline uncertain but estimated to take a few months.
- Room reservations are required in advance, with a capacity of around 20 people.

Hybrid Meeting Option

- Discussion on offering a hybrid meeting format (in-person + Zoom) to accommodate accessibility needs.
- Some committee members struggle with Zoom accessibility and prefer in-person meetings.
- A vote was conducted, and the motion passed to allow hybrid meetings moving forward.

M/S/C Motioned to host SDAC meetings in a hybrid model. (Kishan S./Connie B.) The ayes have it. Motion carries.

Kishan S. made a motion for hybrid meetings. The motion was seconded by Connie B.

Roll Call Vote:

Kishan Sreedhar	Aye
Kavita Sreedhar	Aye
Doug Pascover	Aye
Joanna Kent	Aye
Connie Boyar	Aye
David Forderer	Aye

Vendor Training Workshop

- Motion was made to introduce a **10–15 minute technical training segment** in each meeting covering key topics.
- Next session will focus on **SDP renewal budgets**, explaining how budgets are reassessed and adjusted annually.
- Future sessions may include a **step-by-step demonstration** of how budgets are built.

M/S/C Motioned to host SDAC meetings in a hybrid model. (Kishan S./Doug P.) The ayes have it. Motion carries.

Kishan S. made a motion for a vendor training workshop. The motion was seconded by Doug P.

Roll Call Vote:

Kishan Sreedhar	Aye
Kavita Sreedhar	Aye
Doug Pascover	Aye
Joanna Kent	Aye
Connie Boyar	Aye
David Forderer	Aye

Self-Determination for Individuals in Adult Residential Facilities (ARFs)

- Discussion on how individuals in group home settings can participate in self-determination.
- Some self-advocates and guardians are unaware of how to implement SDP in ARFs.
- Proposal for a **workshop to educate administrators, self-advocates, and families** on self-determination in group settings.
- Orientation attendance recommended, but some still find the process unclear.
- Suggestion to offer **vendor training** to help ARF administrators understand SDP implementation.

Medicaid Funding Concerns & Impact on SDP

- Discussion on potential **federal Medicaid funding cuts** and their impact on SDP and regional center services.
- Proposal to provide **nonpartisan educational materials** to inform the community about the issue.
- Suggestion to include a **hotline number** where individuals can voice their opinions.
- Regional center to consider distributing information to SDP participants and staff.

Resource Development & Accessibility

- Suggestion to create **recorded webinar-style resources** for ongoing training.
- This would allow individuals to **access training at any time** instead of relying on live workshops.
- Potential collaboration with other organizations to provide shared educational materials.

Approval of Minutes:

M/S/C Motioned to approve the meeting minutes. (Kishan S./Doug P.) The ayes have it. Motion carries.

Kishan S. made a motion to approve the meeting minutes. The motion was seconded by Doug P.

Roll Call Vote:

Kishan Sreedhar	Aye
Kavita Sreedhar	Aye
Doug Pascover	Aye
Joanna Kent	Aye
Connie Boyar	Aye
David Forderer	Aye

Next Meeting:

March 20th, 2025, Community Meeting 7:00pm to 8:30pm.

Self-Determination Program Monthly Status Report



Report Date: 03/17/2025

Overview:

Total Active cases: 279
Active Pilot cases: 53
Average Age of Participants: 22.36
De-activated cases: 0
New cases: 6

Avg Timeline – Orien. to POS: 12.9 months
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Self-Determination Program Monthly Status Report

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Hindi	3	---	Hindi	3
Farsi	1	---	Farsi	1
Korean	5	---	Korean	5
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