



Self Determination Advisory Committee Meeting Agenda

Date: Thursday, January 16, 2020
Committee Time: 10:30 am – 12:00 pm
Location: San Andreas Regional Center
6203 San Ignacio Avenue Suite 200, San Jose, CA 95119
408-374-9960
And
San Andreas Regional Center
1370 Main St. Salinas, CA 93901

Call in number - (408) 341 – 3839 User PIN: 111111#

Accommodations: If you need any accommodations, please contact David or Javier at least 24 hours prior to the meeting.

Committee Agenda

	Items	Responsible	Comments
1. 5 minutes	Roll Call/Introductions Review and approval of minutes	Committee	Voting Item
2. 5 minutes	SDAC applicant and membership update	Javier Zaldivar, David Grady	
3. 5 minutes	Self Determination Participation update	SARC	
4. 5 minutes	Orientation Update	SARC	
5. 5 minutes	FMS Vendor Update	Premier	
6. 5 minutes	Facilitator Update	Facilitation Network	
7. 5 minutes	Outreach (Selectees, Vendors, Facilitators) Update	David Grady	
8. 5 minutes	Selectee (Individual and Families) Update	Kishan and Kavita Sreedhar	
9. 20 minutes	Member and Community Comments and Questions		
10 25 minutes	Self Determination Training Topic: Budgeting and Spending Plan		
11.	Adjourn Meeting, Next Meeting Date: February	Committee	

**SAN ANDREAS REGIONAL CENTER
SELF DETERMINATION ADVISORY COMMITTEE MINUTES
November 21, 2019**

Members Present: Priscilla R, Brown David Forderer
Suzanne Francisco Martha Johanson
Cheryl Hewitt (chair) Doug Pascover
Kathy Tanner (via phone) Kavita Sreedhar
Kishan Sreedhar

Members Absent: Connie Boyar Cherri Alcantara
Lori Luzader

Staff: Lourdes Gonzalez Lisa Hartley
Mike Keeley Arushie Nugapitiya
Oscar Ramirez Irene De La Rosa
Rommel Sanchez Molly Sullivan
Jessica To Fawni Tornel
Minerva Valdez Saskia Vanderkamp
Javier Zaldivar

Community: Breeanne Burris David Grady
Wayne Glusker Wes Moss
Bernardino Sunglad Tran Tran
Tara staffer to Dave Cortese

The Self Determination Advisory Committee (SDAC) commenced at 10:39 a.m. presided by Ms. Cheryl Hewitt Committee Chair followed by introductions.

1. Approval of Minutes

The committee approved the October minutes.

M/S/C Moved to approve the October minutes. (Forderer/Sreedhar) No further discussion. All in favor. Motion carries.

Member Present	Voted
Priscilla Brown	Yes
David Forderer	Yes
Cheryl Hewitt	Yes
Martha Johanson	Abstain
Kavita Sreedhar	Yes

Kishan Sreedhar	Yes
Doug Pascover	Yes
Kathy Tanner	Yes

2. Recent Memberships Applications and Appointments

Mr. Bernardino has submitted an application to the State Council to become a committee member but their approval process is lengthy and slow so there is a waiting period.

Mr. Zaldivar Executive Director announced Ms. Priscilla Brown as the newest committee member representing SARC

3. Information on Supported Decision Making

Ms. Suzanne Francisco Committee member shared information on Supported Decision Making as an alternative to conservatorship it consists of:

- Having a circle of support such as friends, family, and professionals
- Learning to make decisions
- Practicing skills learned
- Research results show that it leads individuals to a better quality of life
- Identifying how decisions are made and who can support them
- A legal binding document that is witnessed and notarized

Ms. Francisco informed that Supported Decision Making can begin as early as toddler age it incorporates Person Center Planning, as the individual is the best expert on himself or herself. She also highlighted the advantages between Supported Decision Making and Conservatorship:

- Empowers nonverbal individuals
- Has tools of capacity and trust to give consent

M Zaldivar summarized that Conservatorship and Supported Decision Making both should follow the law and work as a team in decision making.

For more information visit website:

4. Orientation and Implementation Review

Mr. Zaldivar informed the committee on the following updates:

- Re-selection of individuals will be done in December
- Deadline for orientation has moved to 12/6/19
- SARC will do one more orientation soon

- 9 selectees need the orientation
- 25 selectees opted out of the program
- 94 have completed the orientation
- 14 have completed the Person Centered Plan (PCP)
- 7 spending plans have been completed
- SARC is one of the regional centers that has moved farther along in the SDP
- Re-selectee categories include:
 - o 42 years and older
 - o Siblings of selectees
 - o SDAC members
 - o Same ethnic and geographical regulations will be observed

5. FMS (Financial Management System) Vendor Update

Mr. Moss and Ms. Tran gave a report on the following issues:

- SARC is top regional center on completed plans
- Partnership with Lyft has been completed
- The conversation with Uber has begun

6. Self Determination and Vendor Training

- The Vendor training went well and many myths were dispelled
- The training was videotaped to share with other vendors
- Ms. Sylvia Yeh made a presentation on the policies, and practices they are working at FCSN
- The Statewide Conference was attended by Mr. Forderer and his notes were shared with the committee
- The Bay Area Autism Conference had a panel on Self Determination in Spanish presented by Ms. Martha Johanson among others

7. Selectee Outreach

- Ms. Kavita informed that they are doing outreach in Spanish for the selectee mixers
- The next Mixer is on November 23, 2019 at the Good Will in Santa Clara

8. Self-Advocacy Outreach

- Ms. Hewitt shared that the committee should do outreach and inform individuals that are not conserved that they can start on their own PCP and make their own choices

9. Member Comments

Mr. David Forder shared some of his experience at the SD Statewide Conference he said that in general the Committee feels that they are moving very slowly, that they need to work together as a groups and share information among themselves.

Mr. Pascover asked the committee for a motion to bring the discussion of the committee guidelines to the table again, to put them on the agenda for next month's meeting.

M/S/C Moved to discuss the committee guidelines at the December meeting. (Pascover/Forderer) No further discussion. All in favor. Motion carries.

Member Present	Voted
Priscilla Brown	Yes
David Forderer	Yes
Suzanne Francisco	Yes
Cheryl Hewitt	No
Martha Johanson	Abstain
Kavita Sreedhar	Yes
Kishan Sreedhar	Yes
Doug Pascover	Yes
Kathy Tanner	Yes

Mr. Shannon Savor wellness coach announced his company that works with individuals on customized training plans.

Ms. Johanson expressed that there is a need for Spanish speaking facilitators and facilitator trainings.

10. Adjournment:

There being no further discussion, the meeting adjourned at 12:09 p.m.