

BRIDGING THE GAP

Last year, State Council on Developmental Disabilities, Central Coast Office held a series of “Listening Sessions” on the topic of Behavioral Health co-occurring with Intellectual and Developmental Disability in the Tri-Counties Regional Center Catchments. At these meetings individuals and families with Intellectual and Developmental Disability shared their concerns, opinions, and points of view about behavioral health supports and services.

Good behavioral health is important for everyone. For families with developmental disability, knowledge of behavioral health, the services and supports, and how to acquire them is of particular importance. Although efforts to address these issues are emerging, often the families and the individuals are not aware of these changes, and often feel alone.

In response to input received from last year’s listening sessions, State Council on Developmental Disability, Central Coast is pleased to offer a Summer Series focused on the needs of families having Behavioral Health co-occurring with Intellectual and Developmental Disability.

As a SCDD Central Coast event, outreach is primarily to individuals and families in the TCRC and SARC catchments. Upon completion of the series, recordings of the sessions will be made available for statewide distribution.

A N N O U N C I N G SCDD Central Coast Summer Series IDD / Behavioral Health

Five 1.5 Hour Virtual Sessions on Zoom

Format to include a half hour presentation and one hour roundtable meeting and discussion.

Registration required for each Session. Preference is for TCRC and SARC families and individuals. Number attending is limited.



<u>Issue</u>	<u>Topics</u>	<u>Date</u>
Crisis Intervention: Speaker: Aaron Kitzman, MA, LMFT County of Ventura Program Administrator II, Crisis Intervention Team David Grady, MA, MFT, SCDD Central Coast, Facilitator	An overview of the first responder’s response to a behavioral health / mental health crisis. Discussion to include calls to 911 or 988. Responses from a crisis response team or law enforcement. And decision surround 51-50 or psychiatric holds.	Tuesday 7/23/24 4:00 to 5:30 PM
Register at: https://us02web.zoom.us/meeting/register/tZloceGsqDoqGdHsfpweSqJN-TmygBqRxiB#/registration		
System(s) Navigation: Speaker: A Representative from Tri-County Regional Center, David Grady, MA, MFT, SCDD Central Coast, Facilitator	A presentation about acquiring services and supports for someone with developmental disability having co-occurring behavioral health needs. Presentation to include identification of behavioral health needs, program development with the service coordinator, and utilization of health coverage, community resources, and regional center services.	Tuesday 7/30/24 4:00 to 5:30 PM
Register at: https://us02web.zoom.us/meeting/register/tZlzfuyorDgvEtBCyAbpCW-3CXd2IIYzGFvn		
Utilizing Regional Center and Community Resources: Speaker: Jessica Geihs, MPP, MHS YAI CA START -TCRC, Program Director David Grady, MA, MFT, SCDD Central Coast, Facilitator	A review of the supports and services available to a person with I/DD with co-occurring behavioral health needs. Topics to include Crisis Response Teams, County Behavioral Health Contractors, Regional Center Vendors, including YAI CA START, Residential Options, and School and TAY Services.	Tuesday 8/6/24 4:00 to 5:30 PM
Register at: https://us02web.zoom.us/meeting/register/tZUqfuytqjMrG9fy2U3lt9fMvGF3nGsGc488		
Types of Treatments: Speakers: Lauren Loza, PathPoint, Vice President of Strategic Initiatives, and Kari Knutson, PathPoint, Program Coordinator, DBT Skills Trainer David Grady, MA, MFT, SCDD Central Coast, Facilitator	A discussion about types of treatment and interventions for people with I/DD-BH. Discussion points will be Dialectical Behavioral Therapy skills, Anxiety Management, responses to trauma, dynamics of a meltdown, and Person Centered / positive psychology.	Tuesday 8/13/24 4:00 to 5:30 PM
Register at: https://us02web.zoom.us/meeting/register/tZMudOyqrj8uE9Kdzrt7jGDnTIQqzQ5eUcTI		
Peer and Family Advocate Experiences: Speaker: Carole Shelton, parent David Grady, MA, MFT, SCDD Central Coast, Facilitator	The experiences of family member and individual will be shared. The discussion will include recognizing and accepting behavioral health symptoms, the role of an advocate, and coping with the complexity and limitations of the service system.	Tuesday 8/20/24 4:00 to 5:30 PM
Register at: https://us02web.zoom.us/meeting/register/tZ0ld-qvrjgvG9HFKuZ5zrWRO8Y3VJs54MfC		

Registration Required for each session. Number attending is limited. Preference is toward individuals and families in the SCDD Central Coast catchment. All sessions will be recorded and made available. To learn more of the summer series, email David Grady at david.grady@scdd.ca.gov.

