COORDINATED FAMILY SUPPORT SERVICES

PILOT PROGRAM: A SERVICE FOR INDIVIDUALS AND FAMILIES

COORDINATED FAMILY SUPPORTS (CFS)

WELFARE AND INSTITUTIONS CODE-4688.06

- Coordinated Family Supports (CFS) is for adults 18 and older who are served by a regional center & live with their family.
- CFS services must be person-centered and tailored to the unique needs of the individual and their family.
- CFS services must be respectful of language, ethnicity, and culture of the individual/family.
- CFS services must be primarily provided in a person's home and community.
- CFS Services will be available to individuals in the Self-Determination Program (SDP) December 1, 2023.

WHAT
COORDINATED
FAMILY
SUPPORTS DOES
NOT DO?

CFS services does not replace or duplicate regional center service coordination, generic service or other regional center funded service that the individual/family are receiving.

CFS services may not be provided by an individual who resides in the same home as the individual served.

The need for CFS services shall be assessed annually (minimum), with progress being reported quarterly.

ROLE OF COORDINATED FAMILY SUPPORT SERVICES PROVIDERS

Identifying and providing supports necessary to successfully reside in the family home.

Providing assistance and training for the individual and their family in navigating comprehensive services and supports that are tailored to meet their unique needs, including creating pathways to overcome barriers to accessing generic and other resources.

Providing additional information or resources on individual's diagnosis and identified supports.

Coordinating consistency in training across providers specific to the needs of the individual and their family.

Assisting with scheduling of service delivery including medical and other appointments.

Identifying transportation options or services.

Identifying back-up providers/supports and providing those back-up supports when the plan fails.

Providing future planning for the individual, including those living with aging caregivers.

Providing training to the individual which maximizes their independence.

PROVIDER QUALIFICATIONS & TRAINING REQUIREMENTS

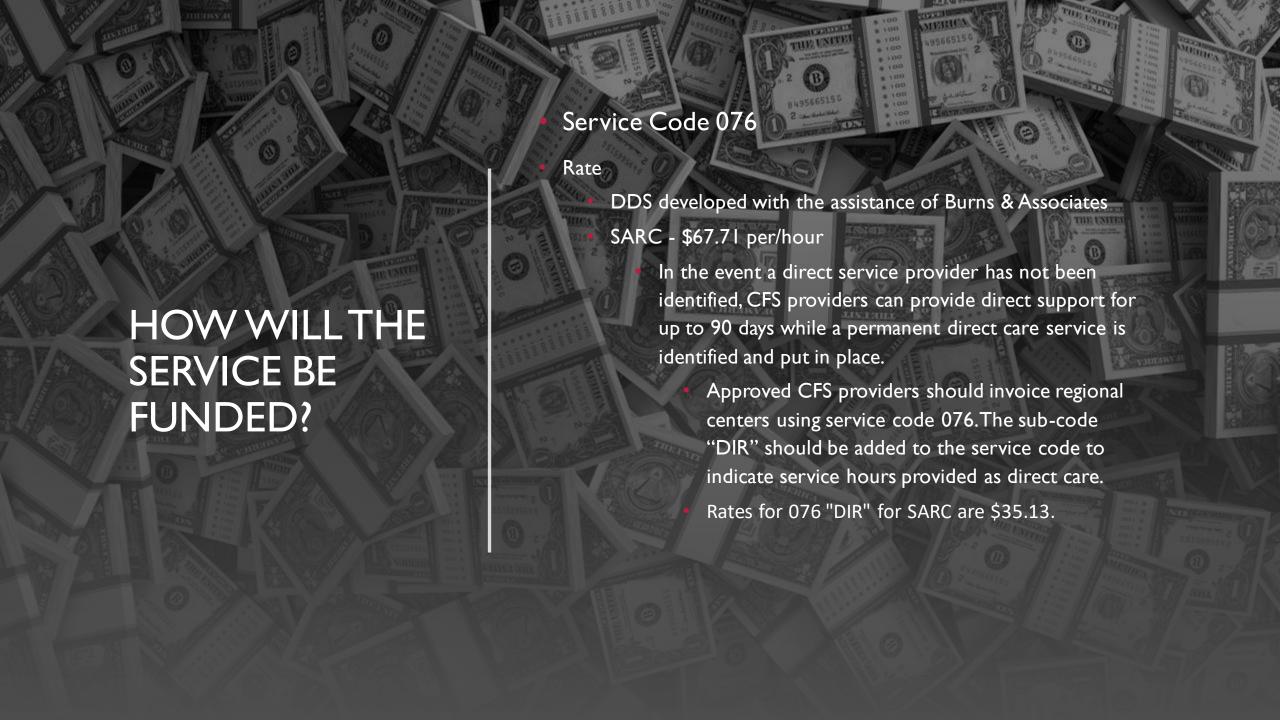
CFS Staff Qualifications

- Associates-level degree in a human services field of study or 3 years of experience in the developmental disabilities service delivery system.
- Communicating in the primary language of the individual served and their family.
- Knowledge of regional center system.

CFS Supervisor Qualifications

- Bachelors-level degree in a human services field of study or an Associates-level degree in a human services field of study AND 3 years of experience in the developmental disabilities service delivery system.
- Training Requirements for Staff & Supervisor
 - CFS Providers shall provide training to their staff and supervisors within the first 30 days of working with an individual and their family.
 - Service Delivery System
 - Behavioral Health Services
 - •Local Area Agencies on Aging
- Exceptions to the minimum qualifications, along with the justification, shall be submitted to the regional center for the Department of Developmental Services determination.







The Department of Developmental Services created a standard <u>referral and assessment</u> tool for service coordinators and CFS providers to use when referring and assessing individuals for CSF.



The Department of Developmental Services also created created a <u>standard tool</u> for CSF providers to report to regional centers on the individual's progress. The Department of Developmental Services will measure individuals' experience when taking part in CFS.

REFERRALAND ASSESSMENT FOR CSF



Each provider that meets all monthly reporting requirements will be eligible to receive CSF Pilot Implementation Incentive Payments. Payments will be calculated at 11.1% of the total dollar amount billed for CSF assessments and services for the prior month. Requirements & Form from DDS.

INDIVIDUAL / FAMILY SATISFACTION TOOL

- The department will measure individuals' experience when taking part in CSF.
 - Service coordinators will be responsible for distributing the experience questionnaire to individuals and families receiving CFS within 30 days of the individual's entrance into CSF.

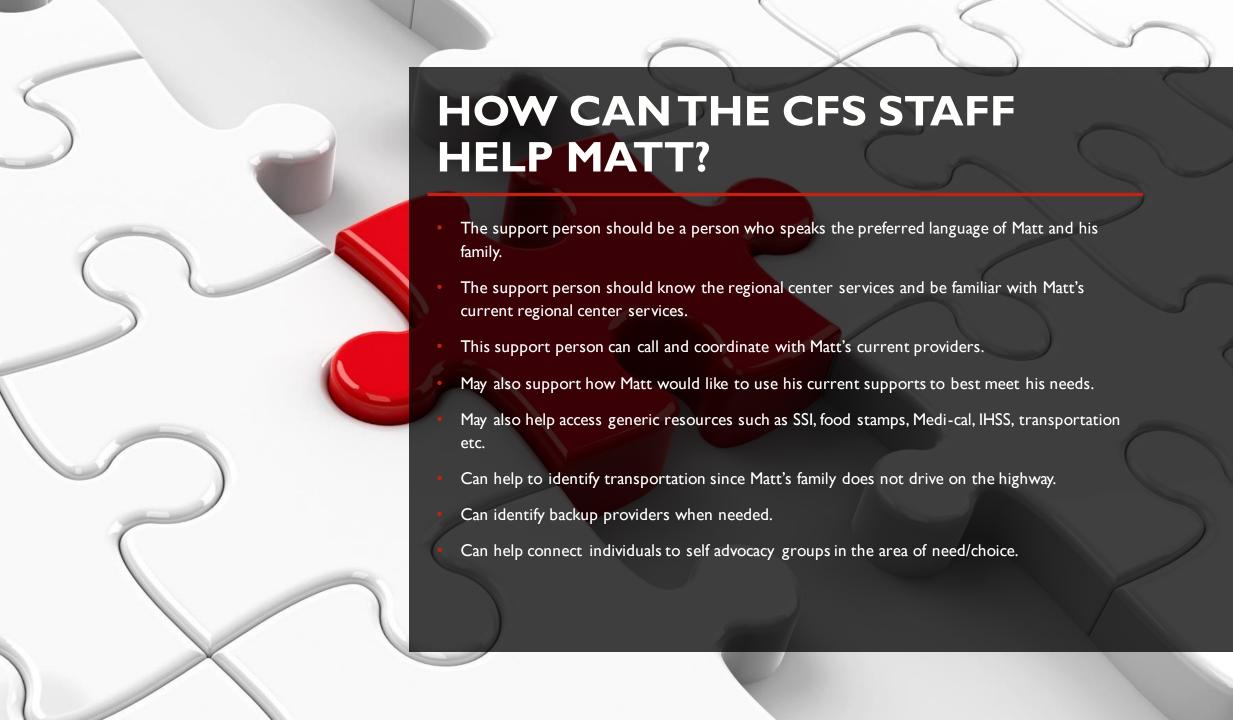


REGIONAL CENTER QUARTERLY REPORTING

• Regional Centers will be required to submit <u>quarterly</u> reports on the implementation of the CSF Services Pilot Program.

SCENARIO – MEET MATT

• Matt is 25 years old and lives with his elderly parents. He has Autism Spectrum Disorder and Cortical Visual Impairment. Matt's regional center services include, Independent Living Services, Personal Assistance, and Day Program. Matt has multiple medical appointments and an upcoming ophthalmology appointment. Matt's parents do not drive on the highway. Matt has informed his Service Coordinator that he feels very overwhelmed and would like someone to help him to organize his weekly schedule. He also has expressed to his Service Coordinator that he would like his support person to be fluent in Tagalog, since it is his and his parents' primary language.



HOW DO I GET CFS SERVICES?

- If you live at home with your family & think you need CFS:
 - Let your regional center service coordinator
 know you are interested in the CFS service.
- If you know a person or organization that might be interested in becoming a CFS provider:
 - Ask them to reach out to Community Services at San Andreas Regional Center.
 - Ann Sieber, Community Resources Manager
 asieber@sarc.org
 - Mia Garza, Associate Director, Community
 Services mgarza@sarc.org

